When Making a Sandwich, the Following are Required:

Sliced bread (you can slice the bread yourself but really, who has the time?) Butter/margarine (optional but recommended) 1 or more fillings (how about cheese?)* Knife, for spreading, for cutting

*if you are having trouble with a filling separating from the sandwich during transit, try adding a more adhesive element such as a good pickle.

Carl Hungerford:

Carl Hungerford is totally, totally rubbish! Seriously, he's a total knob, OK, so, for example, this once time, Martin Clarke was trying to do a presentation for his degree about the hidden business structures of modern communism (see below), and Carl kept pretending he had a cough but he was obviously putting it on, and he just kept coughing over the important bits and really put Martin Clarke off. And there was this other time when he pretended to accidentally spill water onto Martin Clarke's second year project and then didn't even offer to pay for the extra printing Martin Clarke had to do. Plus his face looks like his mum slept with a camel. A really ugly one. And plus he's always sweating loads and so he stinks all the time. Oh, and apparently he only got on the course because his Dad works at the college which would figure.

The Afterlife:

This does not exist (as suggested elsewhere).

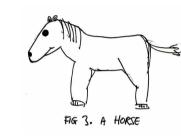
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Communism:

Popular in the early 20th century and again briefly in the 1980s, Western Europe has now largely agreed that communism has "had its day" though, as always there are those who can't quite let go and chances are you will know at least one communist. Usually they will have a beard and spend a lot of time in libraries.

Horses:

Like a big dog that you can sit on.



Who are You, Mr. Wind?

Wind is basically very fast air.

Sometimes wind can get too fast and it blows things over. When this happens it is called a "Twister", which is a clever piece of PR on the side of wind to stop it becoming too unpopular. "Twister" is also the name of a game and an ice cream, though these are not official tie-ins.

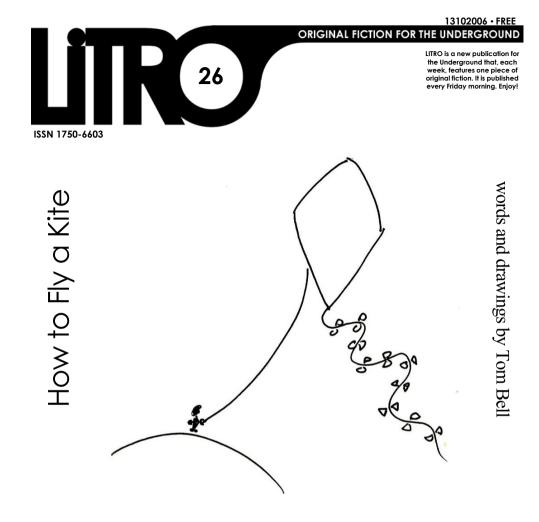
Wind has many uses, from powering windmills which help put bread on your table, to filling the sails of boats for the enthusiastic visitor to the Norfolk Broads. Wind is *not* God blowing at us from his beardy mouth (as suggested elsewhere).

Wind is also an important element in flying a kite (see above).

LIRO

Tom Bell is a comedian and writer performing regularly around the UK. He can also be heard on London's Resonance 104.4 FM where his new show starts in November. He is appearing as part of "Trashy" at the Battersea Arts Centre on Sunday 15th October. For more details and a gig list visit www.tombell.org.

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When Flying a Kite, the Following are Required:

Open space (e.g. park) Wind (see below) Kite (see below)

When Building a Kite, the Following are Required:

Strong, light wood (see below) Strong, light material (e.g. plastic) A good length of string (twine is also acceptable, though not quite as good) Glue (see below)

How to Buy and Choose Glue:

Glue can come in many forms, and indeed, does. Basic strength glue is more than adequate for everyday arts and crafts such as sticking a feather to a piece of card, or cutting out the words "Good Luck" from a magazine and mounting that below where you have just stuck the feather. Such glue is readily

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available at high street stores and comes in both paste and stick form. For more permanent mends and heavier materials, "super" glue is often used. "Super" glue comes in tiny little metal tubes but you can only use it a few times before the lid gets stuck to the tip. Super glue was invented during war time to stick flesh wounds together, though today it is more often used to fix vases or a cherished pen. The impressive sounding Glue Gun is often used by grateful school children as they toy with balsa wood (see below). Although good at sticking, Glue Guns tend to leave behind whispy trails of gluey fibre, as though left by some form of glue spider (see below). The stickiest glue is called industrial-strength glue. It is made by boiling horses (see below) in a vat and can only be used by a glue-professional with the relevant certificate.

Wood: its Origins and Types:

For as long as there have been trees, there has been wood. Wood doesn't just come from trees, it is trees. However, the wood often needs to be turned from tree form into other forms of wood, often at a wood mill. The most instantly recognisable form is the classic "plank". Wood has long been used a source of fuel but it has had many other uses throughout history: the staff for a spear used to hunt wild animals, a leg for a grizzled pirate and even as a makeshift horse (see below) at the battle of Troy. Vikings harnessed the natural buoyancy of wood in the construction of their longboats (see below). Wood was also used to build houses and barns in the middle ages, though they would often burn down due to fire (see below). Today it is more common to see wood used in a chair or table than in the construction of a weapon. However, it is still possible to get such items, especially on the internet (see below).

It is important to note that paper is *not* just very thin wood (as suggested elsewhere).

Glue Spiders:

Glue spiders do *not* exist (as suggested elsewhere).

Longboats (Viking):

Whilst the rest of Europe was still using rudimentary rafts made from apples and hair, the Vikings were building boats so long that they were able to float all the way to the Americas (which they called "Vinland"). Longboats were often decorated with shields on the bows and the face of a serpent on the fore. When a great warrior died, his body would be sent out to the ocean (see below) in a burning longboat to see him safely to the afterlife (see below). Often a younger sibling would be annoyed that he didn't get to keep his brother's boat (long) and he would write a ballad about it.



Fire:

Oh fire! That great destroyer You give and you take You heat and you burn Which shall you choose today? Oh fire!

The Internet:

Child of the modern computer chip, the internet isn't a thing in the strictest sense of the word a thing. You couldn't very well put it in you hand and look at it. Yet exist it still does, inside giant computers (called

"servers") and in the minds of a million computer fans (somewhat cruelly called "nerds"). The internet has many uses. You could easily use it to electronically mail a family member or work colleague, book a ticket to that popular theatre production or even look at a "webcam" of a panda sitting in a zoo somewhere. The steely rise of the internet has also seen the creation of something called an "online community" where like-minded folk can swap tales and files of whatever they choose. It has also helped people find love (see below) which they would otherwise have had to do without. However, the dark underbelly of the internet was highlighted in 2003 when Martin Clarke (see below) received an e-mail with an unsanitary picture of a horse (see below) which kept coming back even though he had deleted it already, like, twenty thousand times or something. This was most likely sent by Carl Hungerford (see below).

It has been said that the only limit to internet is one's own imagination. Although bandwidth restrictions and one's competence with the necessary software should perhaps also be added to the list. (Not that one item can be called a list, but it would become one, should these other elements be added)

Towards an Understanding of The Ocean:

Not to be confused with The Sea (which is smaller) The Ocean is a massive expanse of salty water covering two thirds of our planet's surface with itself. Ever since man first gazed upon The Ocean's alluring, shimmering visage he has been captivated by the magic of this wobbly domain. Such is the nature of man, he oft has sought dominance over it, to which the Ocean but laughs and shrugs a weary wave.

Arguments raged in the seventeenth century over whether or not one country could possibly lay claim to a stretch of Ocean as their own, because of the migratory nature of water. It wasn't until the introduction of accurate measures of longitude and latitude in 1760 that boundaries could be set up and the Ocean crudely mapped. However, if Man thinks this has given him a leash around the sploshy neck of The Ocean he is horrifically mistaken. For one day The Ocean shall rise up and consume us all. And on that day, as the last remnants of human society huddle on the tips of some great mountain range, we shall turn our eyes upwards, grasping towards the dark clouds of a gathering afterlife (see below) and we shall say: "we should probably have built a boat or something."

But it doesn't just take; in fact an almost endless array of life is suspended within the belly of the Ocean. We will all of us recognise fish (of which there are over 50 types) but there are also whales, squids and seahorses (see below) Indeed, you will often hear it said that all life comes from The Ocean (except birds, which come from The Sky).

Love:

The opposite of hate.

Martin Clarke:

Martin Clarke is great. He is a 27 year old British man who likes good music, good food and good times! He has a degree in Business Studies and makes a mean sandwich (see below). Martin Clarke is currently temping as an archivist for a major periodicals distributor but one day hopes to be a writer, or maybe a film producer, or maybe one of those guys on TV who act as the slightly geeky but loveable side kick to some high profile presenter. Or maybe a film reviewer. He loves chatting online to friends late into the night and always has some sort of project on the go. Currently this is trying to build a kite from scratch. He is applying his trademark methodical and thorough approach that has brought him so much success thus far.